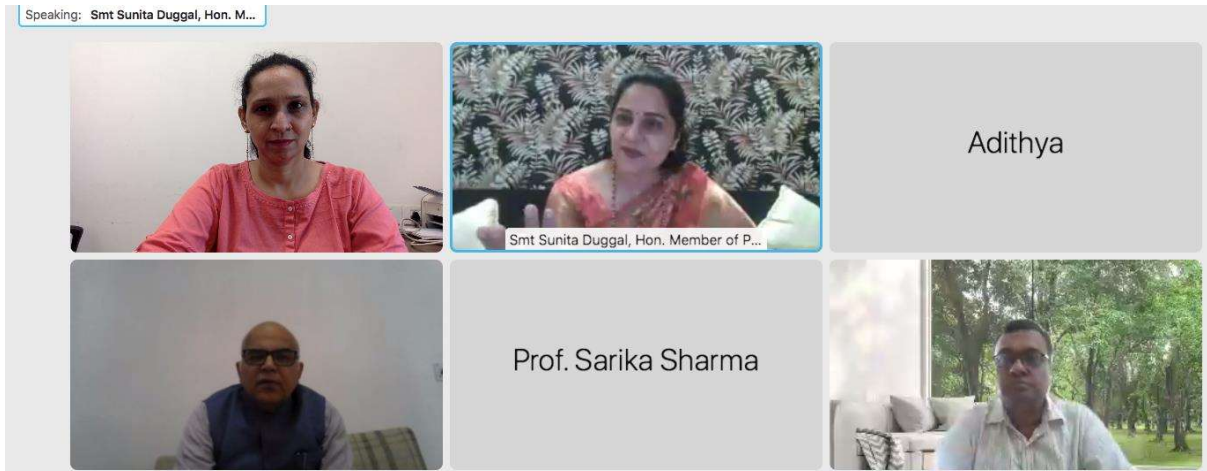


Programmes Organized



Professional Development & Capacity Building programme for girls in collaboration with National Commission for Women and Training Placement Cell (05/10/2021)



Workshop on Achieving Health through Nutrition and Sports for School students and women of Jant village (29/12/2021)



हरियाणा केंद्रीय विश्वविद्यालय

महेंद्रगढ़- 123031 (हरियाणा), भारत
नैक द्वारा 'ए' - ग्रेड प्राप्त विश्वविद्यालय

Central University of Haryana

Mahendergarh-123031(Haryana). India
NAAC ACCREDITED 'A' GRADE UNIVERSITY

Achieving Through Believing

क्रमांक / No. CUH/WEC/118

दिनांक / Date: 8/3/2022

To

The National Commission of Women
Plot-21, Jasola Institutional Area,
New Delhi - 110025

Subject: Utilisation Certificate and Report of Capacity Building and Personality Development Program for the year 2021-22.

Dear Sir/Madam

Please find attached the copy of utilisation certificate (as per GFR 12A) verified by the competent authority. The detailed reports contained list of resource persons, list of participants and sessions covered along with photographs for your kind consideration.

The total sanctioned amount for this complete Capacity Building and Personality Development Program (4 programs) was Rs. 60000/-. Rs. 30000/- were already credited in university account. Kindly reimburse the remaining amount of (Rs. 21080) in the previously provided account of the university at earliest possible.

With Regards

Vikas Garg
08/03/22
Dr. Vikas Garg,
Programme Coordinators, Capacity Building and Personality Development Program

Jitendra Kumar
8/3/22
Dr. Jitendra Kumar

Renu Yadav
08/3/2022
Dr. Renu Yadav,
Programme Coordinators, Capacity Building and Personality Development Program



GFR 12 - A

[(See Rule 238 (1))]

**FORM OF UTILIZATION CERTIFICATE
FOR AUTONOMOUS BODIES OF THE GRANTEE ORGANIZATION**

UTILIZATION CERTIFICATE FOR THE YEAR 2021-22 in respect
of recurring/non-recurring
GRANTS-IN-AID/SALARIES/CREATION OF CAPITAL ASSETS

- Name of the Scheme Capacity Building & Personality Development Program
- Whether recurring or non-recurring grants Non Recurring Grant
- Grants position at the beginning of the Financial year
 - Cash in Hand/Bank NIL
 - Unadjusted advances
 - Total
- Details of grants received, expenditure incurred and closing balances: (Actuals)

Unspent Balances of Grants received years [figure as at Sl. No. 3 (iii)]	Interest Earned thereon	Interest deposited back to the Government	Grant received during the year			Total Available funds (1+2-3+4)	Expenditure incurred	Closing Balances (5-6)
			Sanction No. (i)	Date (ii)	Amount (iii)			
1	2	3	4			5	6	7
<u>NIL</u>	<u>NIL</u>	<u>NIL</u>	<u>5-14/2021</u>	<u>08/09/21</u>	<u>3000/-</u>	<u>3000/-</u>	<u>51080/-</u>	<u>(-) 21080/-</u>

Component wise utilization of grants:

Grant-in-aid- General	Grant-in-aid- Salary	Grant-in-aid-creation of capital assets	Total
			<u>51080/-</u>

Details of grants position at the end of the year

- Cash in Hand/Bank NIL
- Unadjusted Advances NIL
- Total

Excess Expende ₹ 21080/- than amount received as 1st instalment of sanctioned amount ₹ 60000/- vide F.No- 05-14/2021-24/WNECAS (non) dt 08/09/2021!

Vijay C. Juman
(Coordinator) (Coordinator)



Certified that I have satisfied myself that the conditions on which grants were sanctioned have been duly fulfilled/are being fulfilled and that I have exercised following checks to see that the money has been actually utilized for the purpose for which it was sanctioned:

- (i) The main accounts and other subsidiary accounts and registers (including assets registers) are maintained as prescribed in the relevant Act/Rules/Standing instructions (mention the Act/Rules) and have been duly audited by designated auditors. The figures depicted above tally with the audited figures mentioned in financial statements/accounts.
- (ii) There exist internal controls for safeguarding public funds/assets, watching outcomes and achievements of physical targets against the financial inputs, ensuring quality in asset creation etc. & the periodic evaluation of internal controls is exercised to ensure their effectiveness.
- (iii) To the best of our knowledge and belief, no transactions have been entered that are in violation of relevant Act/Rules/standing instructions and scheme guidelines.
- (iv) The responsibilities among the key functionaries for execution of the scheme have been assigned in clear terms and are not general in nature.
- (v) The benefits were extended to the intended beneficiaries and only such areas/districts were covered where the scheme was intended to operate.
- (vi) The expenditure on various components of the scheme was in the proportions authorized as per the scheme guidelines and terms and conditions of the grants-in-aid.
- (vii) It has been ensured that the physical and financial performance under..... (name of the scheme has been according to the requirements, as prescribed in the guidelines issued by Govt. of India and the performance/targets achieved statement for the year to which the utilization of the fund resulted in outcomes given at Annexure – I duly enclosed.
- (viii) The utilization of the fund resulted in outcomes given at Annexure – II enclosed (to be formulated by the Ministry/Department concerned as per their requirements/specifications.)
- (ix) Details of various schemes executed by the agency through grants-in-aid received from the same Ministry or from other Ministries is enclosed at Annexure –II (to be formulated by the Ministry/Department concerned as per their requirements/specifications).

Date:

Place:

Signature

Signature

Name..... *Vijay Kumar*

Name..... *Sauika* 7.3.2022

Chief Finance Officer
 (Head of the Finance)
 Central University of Haryana
 Mahendergarh (Hry.)
 Pin-123029

Head of the Organisation
 Central University of Haryana
 Mahendergarh, Haryana - 123029

(Strike out inapplicable terms)

CAPACITY BUILDING AND PERSONALITY DEVELOPMENT

September 20, 2021

The Capacity Building and Personality Development Program was held on September 20, 2021. The program was organized by the Training and Placement Cell along with the Women Empowerment Cell of the Central University of Haryana in collaboration with the National Commission for Women in India. This disciplined and wonderfully coordinated program was conducted in online mode on Cisco Webex. It commenced at 10:00 A.M. with the Welcome Address delivered by Dr. Renu Yadav on National Women Commission. She gave a glimpse about the program on how developing skills and personality can be a progressive step towards girls' development. Dr. Renu Yadav introduced the guest of honour of the program, Ms. Sumedha Kataria (Retired) I.A.S. She is a renowned personality.

Preceding the program, Dr. Renu Yadav introduced the chief guest of the day, Ms. Rekha Sharma, the women with real wonders. Prior to her appointment to the National Commission for Women (NCW) in August 2015, she was the BJP district secretary and media in-charge in Haryana and a Member of the District Consumer & Redressal Forum in the Government of Haryana. As NCW Chairperson, Ms. Rekha Sharma has been a vocal supporter of the rights of women, especially for those who have experienced sexual abuse and rape. Further, Dr. Renu Yadav introduced Prof. Tankeshwar Kumar, honourable Vice-Chancellor, Central University of Haryana.

After the introduction, Ms. Sumedha Kataria addressed the participants with wonderful words. She talked about capacity development and holistic development in addition to personality development. She spoke about girls' upbringing in our country, in childhood, the way girls are brought up with restrictions and negative psychic intuitions. "Mat Kar" is a saying in Hindi which refrains you from doing things. Ms. Sumedha marked this word and talked about how economically independent women are empowered, but still there are questions arise about them. She pointed out that capacity building is about education, which is the empowerment of women. She emphasised that it's not only women who empower women, but it's about all men and the nation together. She quoted Martin Luther King Jr., who said, "I look to a day when people will not be judged by the colour of their skin, but by the content of their character". She highlighted that woman should know their capability and should break customs to get through. She also proposed the idea of an active intervention programme for women's upliftment.

Then the chief guest of the program, Ms. Rekha Sharma was welcomed to address her kind words. She said that working for women and girls in big cities is good but has to penetrate into small towns for progressive success in empowerment. She emphasised that capacity building programmes are for those who have lack of capacity and those who can't face new challenges. She also acknowledged some traits for personality development that were: how to speak, how to observe, and how to listen. She believed that how you treat someone is very important. She then talked about the last specificity, which is professional development. Girls need to be educated on the professional front as well. Firstly, consider

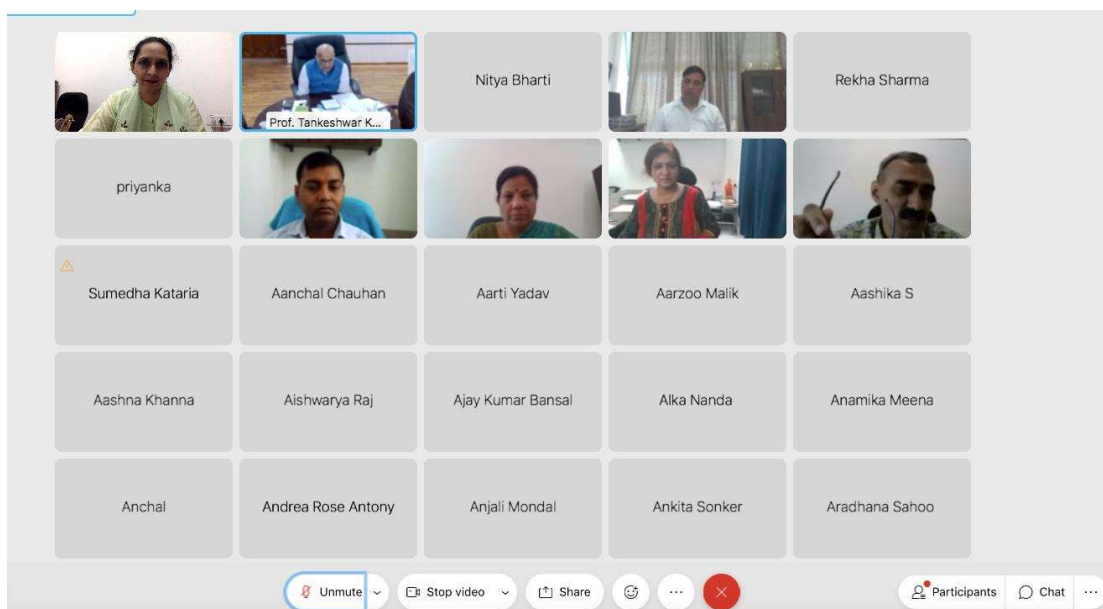
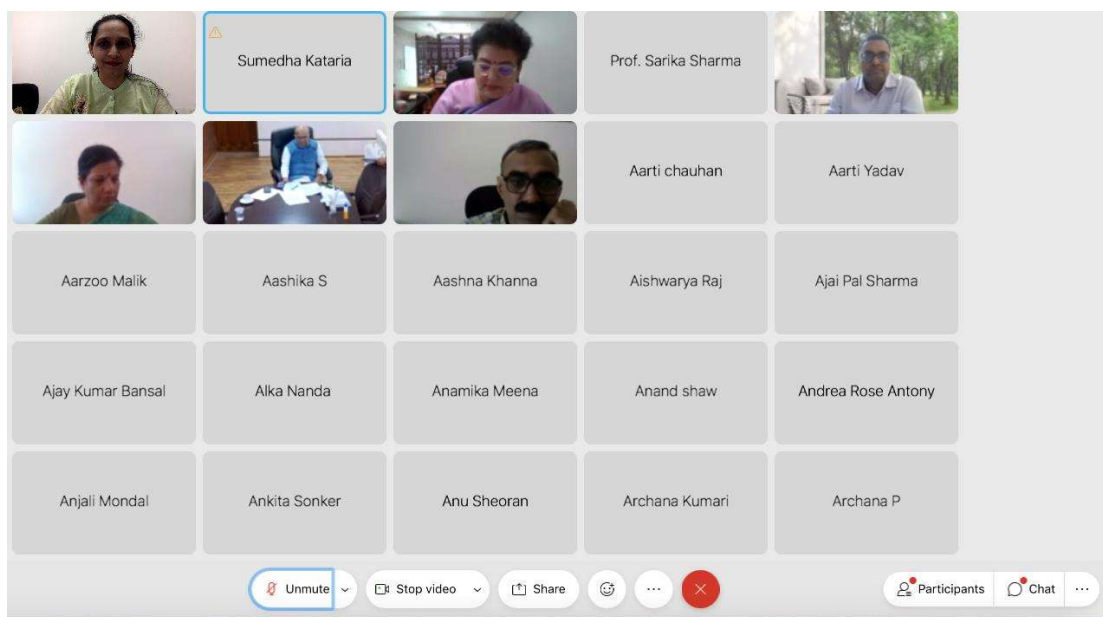
resume writing and dressing sense. She talked about the general cliché girls face about getting married soon. She advised you to deny it completely until you have proven your individuality and earned respect. She highlighted the ways which would be effective, such as digital literacy, proper use of smart phones, and proper setting on social media.

The participants were then addressed by our hon'ble Vice Chancellor Prof. Tankeshwar Kumar. He appreciated the efforts of the organizers and felt grateful for the presence of the keynote speakers. He highlighted the importance of how girls need to be better and enhance themselves. Sir focused on the importance of education for the upliftment of life.

The second half of the program was initiated by welcoming and inviting the renowned speaker Ms. Janice Verghese (Member of Cyber Peace Foundation). She made her presentation on the topic 'digital literary and effective use of social media'. She discussed several examples of cyber-attacks and fraud. She explained concepts like social engineering, digital footprints and identity theft quite relevant in today's world. She appropriately discussed the examples of financial fraud and extortion with the possible solution. She also shared some useful tools and websites to launch complaints and get rid of cybercrimes. Her lecture was really informative providing few unknown facts and information regarding effective use of social media and how to keep oneself protected in this digital world.

Next session was conducted by Prof. Sanjiv Kumar, Dean Academic Affairs, Central University of Haryana. His session comprised of developing an individual with skills and pros. He improvised more on Skill and knowledge. He focused that the most important personality trait holds is 'Self-esteem'. His main concern was that participation is important than winning. Participation shows the interest and confidence in activities. He emphasized on Capacity building, Problem solving, Empathy positive thinking and learning from past experience. The last speaker was welcomed and invited Prof. Ashish Dahiya. His thoughts were more concentrated on professional front development. His main concern was on the part 'How to write your CV'? He pointed out that writing CV in the correct manner is the main building block of developing yourself in professional profile. He emphasized on the Selection of Job. He focused that interview skills are important as a process to get through the way of getting a good job. Searching through commonly asked questions in job interview is a good way of preparation. An additional tip is Attire and how to carry yourself which includes your dressing sense and confidence level.

At the end, the program concluded with discussion about the session and vote of thanks to all the speakers, chief guest, guest of honour, professors and all the participants.



Students' presence

Name of the Department	No of students
Education	68
M.A. English	17
M.A. Psychology	31
M.B.A.	1
M. Com	25
B. Tech Civil	11
B. Tech Electrical	12
B. Tech PPT	15
B. Tech Computer Sc	18

Report of Capacity Building and Personality Development Program

21st September, 2021

The "Capacity Building and Personality Development Program" was held on September 21, 2021. It was the second day in four-day series of women's empowerment initiatives organised by the Training and Placement Cell along with Women Empowerment Cell of Central University of Haryana in collaboration with the National Commission for Women in India. This well-organized and beautifully coordinated programme was conducted in online mode on Cisco Webex. It commenced at 10:00 A.M. with the Welcome Address delivered by **Dr. Jitendra Kumar**, Deputy Director, Training and Placement Cell.

Dr. Renu Yadav, welcomed **Prof. Sushama Yadav** (Member of UGC, Ex-Vice Chancellor of Bhagat Phool Singh Mahila Vishwavidyalay, Khanpur, Kalan, Haryana) by giving a brief introduction about her accomplishments.

Prof. Sushama Yadav wonderfully threw light upon the very need for capacity building and personality development in girls and women. She stressed how "education liberates" and renders self-confidence in oneself. She discussed the importance of self-reliance that emanates from self-identification and, further, collectively helps in self-empowerment. She focused on the significance of one's culture and urged the participants to take pride in one's own culture and traditions because that builds self-confidence in oneself. She said that women are capable of multi-tasking and that what is needed is just to believe in ourselves.

After such encouraging words, Dr. Renu Yadav invited the Vice-Chancellor, **Prof. Tankeshwar Kumar**, to address the participants. Sir focused on the importance of 'time-management', 'self-improvement' and advised the participants to imbibe values in oneself because these are ingredients of a good human being. Sir also said that our first priority should be to kind and compassionate towards our fellow beings. Sir reflected on every citizen's responsibility to contribute in the Nation-building in whatever way they can.

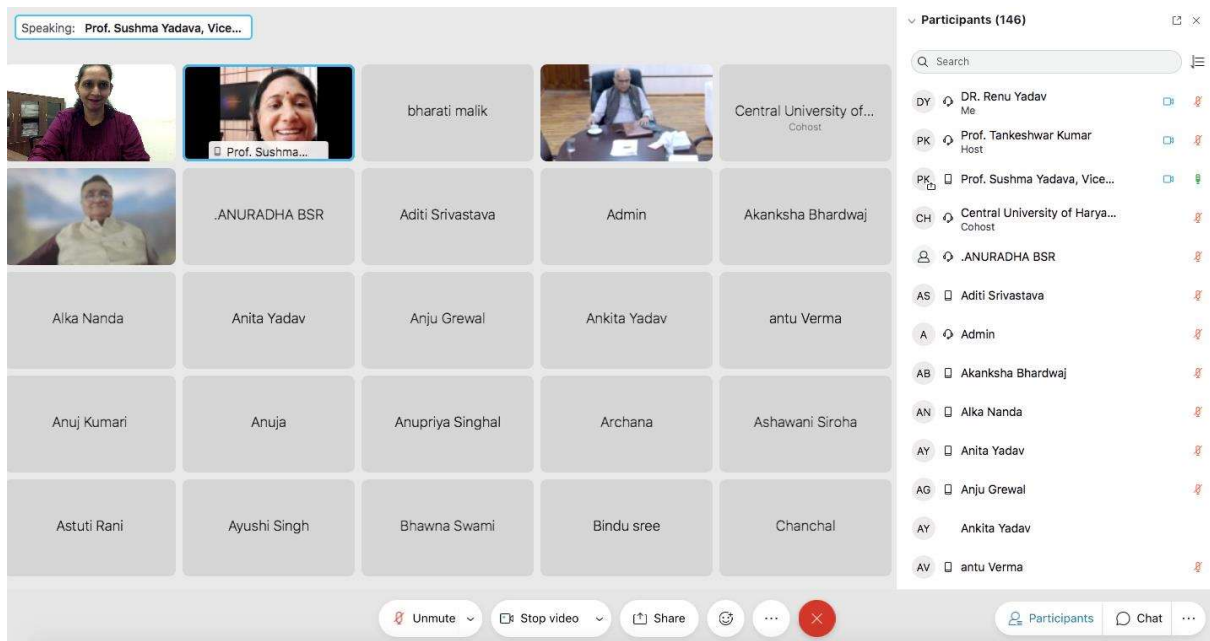
After the inaugural session, the technical session was hosted by **Radhika** (Ph.D Scholar of English). The host invited the first speaker of the programme, **Dr. Neeru Snehi** (Professor, NIEPA, Delhi). She focused on "Personal Capacity Building and Girls' Personality Development" She elaborated upon the need to acquire new skills and keep ourselves updated with time. She focused on inter-personal communications, which act as a key life skill in empowering ourselves. She talked about how one can convert their problems into opportunities because these strategies ultimately result in capacity building and personality development. She also discussed the importance of active listening, time management, and stress management to combat several problems.

The second speaker of the day was **Ms. Janice Verghese** (member of the Cyber Peace Foundation). She illustrated this point through the detailed presentation of the topic 'Digital Literary and Effective Use of Social Media'. She discussed several examples of cyber-attacks

and fraud. She explained that concepts like social engineering, digital footprints, and identity theft are quite relevant in today's world. She appropriately discussed the examples of financial fraud and extortion and the possible solution.

Moving on to the last speaker of the program, **Dr. Arun Khanna** (Executive Leader – General Manager/ Department, Business Unit Head) was welcomed by the host to share his motivational views on 'professional career skills'. He displayed a wonderful presentation describing the difference between hard and soft skills and the qualities essential to develop in order to succeed in one's professional career. He said that hard skills are often possessed by everyone because that is their subject area, but in order to get an edge over others, one needs to strengthen soft skills like presentation and communication skills. He also discussed the significance of punctuality, teamwork, creativity, organisational skills, and leadership qualities in one's professional career.

The program ended with a humble vote of thanks given by Dr. Renu Yadav, who expressed her thanks and gratitude to each and every member who participated in this programme quite enthusiastically and made it a success.



The image shows a Zoom meeting interface. On the left, there is a grid of 25 participant tiles. The top row shows three active video feeds: a woman in a purple top, a woman in a black top (labeled 'Prof. Sushma...'), and a man in a grey shirt. The rest of the grid consists of grey tiles with names. On the right, there is a search bar and a list of participants with their initials and names, including 'DR. Renu Yadav Me', 'Prof. Tankeshwar Kumar Host', 'Prof. Sushma Yadava, Vice...', 'Central University of Harya... Cohost', and others. At the bottom, there are controls for 'Unmute', 'Stop video', 'Share', and 'Participants'.

Students' presence

Name of the Department	No. of Students
M.Sc. Physics	9
M.A. Economics	11
M.A. Hindi	17
PhD Chemistry	18
M.C.A.	14
B. Voc. Retail	14
B. Voc. Biomedical	40
B. Voc. Industrial Waste	14
M.A. Political Science	10
M.A. History	10
M.A. Sociology	12

Report of Capacity Building and Personality Development Program

October 5, 2021

The Capacity Building and Personality Development Program (PDP) was held on 5th October, 2021. The program was organised by the Training and Placement Cell along with the Women Empowerment Cell of the Central University of Haryana in collaboration with the National Commission for Women in India. This regimented and skillfully coordinated program was conducted in online mode on Cisco Webex. It commenced at 10:00 a.m. with the Welcome Address delivered by Dr. Renu Yadav, who welcomed all the distinguished Chief Guests with gratitude.

After that, Dr. Renu Yadav gave a brief introduction of our Hon'ble Vice-Chancellor, Prof. Tankeshwar Kumar, and extended her thanks to Sir, on behalf of the organising team, for joining the program. Then, she welcomed and invited Ms. Sunita Duggal (Member of Parliament, Sirsa) by giving a brief introduction about her accomplishments. Ms. Sunita Duggal magnificently threw light upon the needs of girls, the problems faced by them, and the solution to those problems. She stressed the importance of family time. She opined that family time boosts energy and helps in enhancing capacity by creating a positive environment in the surroundings. She focused on time management, particularly between the family and work. She also emphasised that through time management, one can create a balance between their personal life, family life, and professional life.

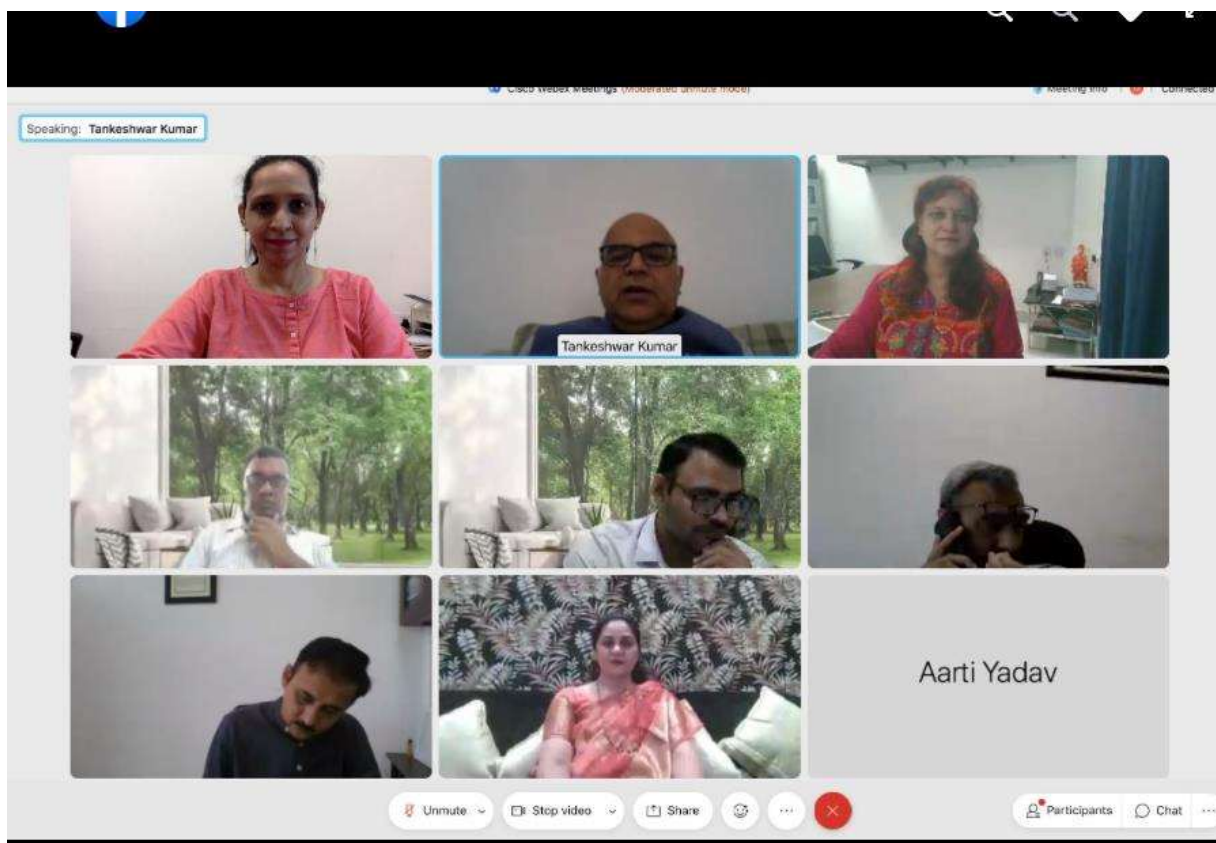
Moving on, Dr. Renu Yadav invited the Vice-Chancellor Sir to address the participants. Prof. Tankeshwar Kumar really inspired all of us with his powerful words. Sir focused on the importance of 'time-management', 'self-improvement' and 'capacity building'. Sir advised the participants to imbibe values in themselves because these are the ingredients of a good human being. Then, Prof. Sarika Sharma, Registrar, Central University of Haryana, thanked the Chief Guest and Vice-Chancellor for their valuable thoughts. She emphasised the position of girls in society and the assistance of the programme in their lives for their educational and professional development.

After that, Ms. Bharti Kumari, the co-host of the program, welcomed and invited the first speaker, Dr. Pratima Khandelwal (Founder of Fly High...). She beautifully emphasised some important research terms like variables, constants, etc. She highlighted that professional development is important to understand who we are. As human resources, we need to update ourselves. Upskilling and positive sources can contribute to upgrading ourselves. She used the term 'Happy Health' to create a positive environment. She pointed out that there are five major factors, that is, physical health, mental health, social health, spiritual health, and digital health. She also used and explained several terms like "Education 4.0," "Hard Skills," "Soft Skills," and

"SMART Skills" (Specific, Measurable, Achievable, Realistic, and Testable). She suggested that prioritisation of life, collaboration with others, and the environment play a major role in life.

The co-host then welcomed and invited the second speaker, Janice Verghese (Member of the Cyber Peace Foundation). She illustrated her presentation of the topic 'digital literacy and effective use of social media'. She discussed several examples of cyber-attacks and fraud. She explained concepts like social engineering, digital footprints, and identity theft as quite relevant in today's world. She appropriately discussed the examples of financial fraud and extortion and the possible solution. What was interesting is that she also shared some useful tools and websites to launch complaints and get rid of cybercrime. Her lecture was really informative, providing a few unknown facts and information regarding the effective use of social media and how to keep oneself protected in this digital world. Moving on to the last speaker, Dr. Anand Sharma, Associate Professor and head, Department of Management Studies, Central University of Haryana, was welcomed and invited. Sir emphasised how 'introduction' plays an important role in career development. He suggested that we explore ourselves through SWOT analysis. He pointed out that one should fix their targets and keep following them without distracting their minds. He also threw light upon the concept of mental, physical, and spiritual health and its importance. He emphasised self-acceptance, helping others, and sharing ideas.

After the completion of the presentations by all three expert speakers, the session was open for discussion, and even students/participants confidently asked their questions and doubts. Speakers very well explained each and every question posted in the chat box. Today's program was a great success because of the dedication of the organising team and the active involvement of the participants. The programme ended with a humble vote of thanks given by Ms. Bharti Kumari, who expressed her thanks and gratitude to each and every member who participated in this programme quite enthusiastically and made it a success.



Students' presence

Name of the Programme	No. of Students
PhD Biotechnology	4
PhD Chemistry	17
PhD Physics	8
PhD Education	7
PhD Hindi	1
PhD Nutrition Biology	4
PhD Micro Biology	7
PhD Law	14
PhD Civil Eng.	2
PhD Biochemistry	4
PhD Mathematics	5
PhD commerce	5
PhD English	20
PhD Management	7
PhD Archaeology and history	4
PhD Sociology	3
MBA	5
M COM	26

MA (JMC)	6
PhD Psychology	4
M Sc maths	13
M Sc Statistics	9
M Sc Microbiology	34
MHMCT	4
M Sc Nutrition biology	8
M Sc Yoga	3
MA Sanskrit	9
M Pharma	4
LLB	14
LLM	3
M Sc Environment	16
M Sc Geography	15
M Sc Chemistry	24
M Sc Physics	9
M Sc Maths	7
MA Political Science	10
MA Economics	10

Report of Capacity Building and Personality Development Program

20th Novemeber, 2021

The Capacity Building and Personality Development Program was held on November 20, 2021. The programme was organised by the Training and Placement Cell along with the Women Empowerment Cell of the Central University of Haryana in collaboration with the National Commission for Women in India. This disciplined and wonderfully coordinated program was conducted in online mode on Cisco Webex. It commenced at 10:00 A.M. Dr. Renu Yadav introduced the guest of honour of the program. The program was conducted by the three convenors, Dr. Vikas Garg, Director of Training and placement cell and Dr. Jitendra Kumar, Dy. Director of Training and Placement Cell; and Dr. Renu Yadav, Director of Women's Empowerment Cell. Around 150 participants joined for the workshop, from different academic backgrounds and throughout the country.

The inauguration program was adorned by the presence of Prof. Sunita Srivastava Department of Physics and Astrophysics, Central University of Haryana, as our chief guest, Ms. Alka Madhan Regional Director West Pearl Academy, as the Guest of Honor, and Prof. (Dr.) Tankeshwar Kumar, Hon'ble Vice Chancellor, Central University of Haryana. All the dignitaries praised the program addressed the participants, and provided very useful insights into the topic of the program. There were three sessions held in the workshop, taken by an expert from the industry and premiere institutions were present as the resource persons for the program which were in turn dedicated to several aspects of the "Capacity Building and Personality Development Program".

Post inauguration, the first talk was delivered by Ms. Alka Madhan, Regional Director, West Pearl Academy, on Professional-Career Skills. She initiated the programme with a beautiful story of one girl child and motivated how important education is nowadays. Then she shared a presentation on the top most skills needed irrespective of age group, like communication skills, digital skills, work ethics, collaboration, leadership qualities, etc. which will be needed to develop our carrier or to connect with a corporate world in a very motivating way, following certain examples and a Q&A following it.

The second session lecture was delivered by Prof. Vishal Sood, School of Education, Central University of Himachal. This lecture was focused more on "Personal Capacity Building", which relates to personal development, particularly skilled development, and explains the basic and important skills required in the present scenario, irrespective of work field, like communication skills, listening skills, discussions, brain storming, time management, and stress management. Then finally end up with taking real examples of situations to show how to deal with problems with these basic skills.

The last session was delivered by Ms. Janice Varghese, Cyber lawyer and Cyber security specialist, on "Digital Literacy & Effective Use of Social Media.". This session was very informative and very useful, mainly for girls. Here, we learn a lot about technology,

information and data, and responsible online behavior. She also gave us information on awareness on the application of safety and security tools and principles and, lastly, teaches us how to deal with cyber-crime.

The entire programme got very positive feedback from the participants and from the guests as well. The programme concluded on a very good note.

